

The Tucker Turtle Song

There was a turtle named Tucker
He went to school every day
He loved to run, jump and swing
And with his friends would play

Sometimes when he got angry
His face would look real mad
He would hit, and kick and say mean words
And make his friends real sad

"Think Like a Turtle" his teacher said one day
Stop and tuck inside your shell, and breathe your anger
away

So the next time he got angry
He tucked inside his shell
He took 3 breaths and he started to think
For a solution he could tell

So there was a turtle named Tucker
He went to school every day
He learned to "Think Like a Turtle"
And with friends he would play

Take Care Song

I take care of myself everyday
When I wash my hands
Or walk to where I play
I can use an inside voice
That's a really good choice
I take care of myself everyday

I take care of my friends everyday
I can use my gentle hands when I play
I can share and wait my turn
That's a real good thing to learn
I take care of my friends everyday

I take care of my things everyday
I am gentle with my toys when I play
When I'm having so much fun
I can put away when done
I take care of my things everyday